



## **3rd Annual Rogich Volleyball Skills Clinic**

If you are interested in learning to play or have been playing for years we would love for you to join us at our one-day skills clinic

**When:** Saturday, Jan 28, 2023

Session A: 8:00 am - 12:00 pm

Session B: 1:00 pm - 5:00 pm

**Where:** Rogich Middle School Gym

**Cost:** \$25

Sessions will be chosen at the time of payment to the banker, sessions are capped at 50 each, on a first come first serve basis.

**Skills Focus:** Passing, setting, hitting, serving, game rules, hand and body positioning, approach technique, Tryout drills

This clinic is a valuable chance for Coach La Roche to see you shine before tryouts in February.

Please see Mrs. La Roche (Room 730) with any questions.

**Payment must be made by due Friday, January 27th**

CCSD Dress codes and codes of conduct will be strictly enforced.

Athletic attire is to be worn to all practices and competitions.



# Rogich Girls & Boys Volleyball 2023

## Athletic Packets

May be obtained in the front office for \$25

Once completed turn it in to Coach La Roche in room 730 by February 3rd or you will NOT be allowed to try out.

*\*\*\*If you completed the "Register my athlete" for another sport you do NOT need a packet completed*

## Tryouts

### February 6th:

Girls 6th Grade & 7th Grade 2:30 pm - 4:00 pm

### February 6th:

Girls 8th Grade & All Boys 4:15 pm - 6:15 pm

### February 7th:

Girls who made it through day 1 - 6:00 pm - 8:00 pm

### February 9th:

Girls who made it through day 2 - 6:00 pm - 8:00 pm

### February 13th:

Boys who made it through day 1 - 6:00 pm - 8:00 pm

### February 15th:

Possible Final Tryout Day (if needed) for both teams 6:00 pm - 8:00 pm

Where: Rogich Gym

\*Athletic attire is to be worn to all practices and competitions.

\*\*Be dressed and ready to go prior to start times.